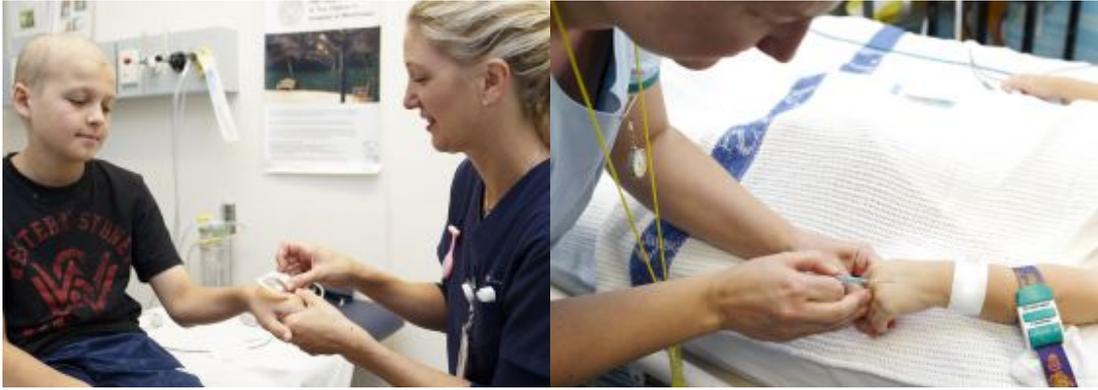


Anaesthetic Information Sheet by Dr Hillel Hope (Paediatric Anaesthetist)

- This information sheet will help prepare you for what to expect on the day of your child's procedure.
- A few days before the procedure, Dr Hope will call you to discuss your child's general health and the anaesthetic.
- Westmead Private Hospital will also text you the day before (or the Friday before a Monday) and let you know what time to come in and when your child can have his/her last food and drink.
- On the day of the procedure, your child will be admitted to the paediatric ward at the hospital.
- When it's your child's turn to come to theatre, you can come with your child to the theatre suite.
- Dr Hope will see you there and can answer any further questions or concerns you have.
- You can then come in with your child when they go off to sleep.
- Most children go off to sleep with anaesthetic gas through a soft plastic mask which is attached to a balloon.



- The gas smells a bit like strong 'texta' and all your child needs to do is blow up the balloon.
- It takes about 30 seconds to go to sleep.
- Some children wriggle around as they go off to sleep and may have noisy breathing. This is completely normal.
- Older children are offered numbing cream placed on the back of their hand. This is put on in the paediatric ward beforehand. A cannula (needle) can then be put into their hand awake without any pain.



- Once your child is asleep, you will be asked to leave the room (this helps us look after your child safely)
- If your child has chosen to go off to sleep with the gas, the needle will be inserted once your child is asleep.
- Dr Hope will be with your child during the entire procedure.
- After the procedure, your child will be taken to the recovery room.
- Once he/she is awake, you will be called in.
- Your child may feel sleepy or grumpy when they wake up and may have a sore throat. This does not last long.
- He/she can have some juice and an ice block.
- Some children may feel sick from the anaesthetic. It is not very common, but if it happens, anti-sickness medication can be given through the cannula.
- Once your child is awake, he/she will be taken back to the ward, given some food and the cannula will be taken out.
- You can usually go home 2-3 hours after the procedure.
- There is lots of useful information on anaesthesia on The Children's Hospital at Westmead website. Please have a quick look through it.
<https://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/anaesthesia/chw>
- Contact details of Dr Hope
 - Email: hillelhope@gmail.com
 - Mobile: 0414533422